Nausea or Vomiting Throwing up of the contents of the stomach (vomiting). Often preceded by an unpleasant sensation (nausea). **START** Morning sickness is common in pregnancy and usually lets up after the first tri-Is it possible you are pregnant? mester. If vomiting becomes severe or persistent, see a doctor. NO Have you experienced a head injury **EMERGENCY** Do you have a headache? and vomiting within the past 24 Get medical care now! hours? You may have a brain injury. NO NO Do you have severe, persistent Get medical care now! YES abdominal pain that has lasted an hour You may have a bowel obstruction or or longer? other serious abdominal condition. NO Get medical care now! Have you vomited blood? You may have internal bleeding from a NO gastric ulcer or peptic ulcer disease. Do you have diarrhea? You may have digestive tract inflammation. NO Have you recently overeaten or consumed very rich foods and a large You may have stomach inflammation. quantity of alcohol? Have you consumed foods that may You may have food poisoning. have spoiled, such as prepared meat? NO Some medications can cause Are you currently taking any YES nausea and vomiting. Contact medications? your doctor. NO Contact your doctor immediately. Do you have severe pain in one eye and You may have acute Glaucoma. blurred visison? NO You may have a disorder of the YES Before vomiting did you feel extremely inner ear such as Menieres dizzy? Disease or Labyrinthitis. NO

If you are unable to make a diagnosis from this chart and your nausea or vomiting persists for more than 24 hours, contact your doctor.

Are the whites of your eyes yellow, or is

your skin yellow?

Ou may have a liver or

Hepatitis, or gallstones.

gallbladder disorder, such as

YES